Lesson Name: Personal Values in Helping

CACREP STANDARD(s):

Aligned KPI:

Textbook Chapter:

Type of Knowledge: Procedural / Declarative / **Both**

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| G – My GOAL for this lesson is… |
| Goal 1: Identify personal values  Goal 2: Understand the origin of personal values  Goal 3: Learn about how these personal values impact personal and professional relationships |
| A – I will ACCESS PRIOR KNOWLEDGE by… |
| Quick-write session on the reflective prompt in slide #4  Go over homework assignment |
| N – I will present NEW INFORMATION through… |
| Intro: sharing a person anecdote about a value-driven decision and its outcome. Ex: choosing higher education to further my career. Values such as knowledge, exploration, and achievement helped drive this decision for me.  Presentation: discuss the importance of the personal nature of this exercise and discuss what is talked about in this room stays in this room |
| A – My students will APPLY new knowledge and/or skills by… |
| 1. Pair and share 2. Share with class an example of a personal value and how that can differ from a client’s. explore ways to cope with this in a professional setting. |
| G – We will review our GOALS by… |
| 1. Class reflection. Consider scenarios where values might come into conflict in the real world, post college 2. Discuss strategies to make decisions that honor personal values even when it is challenging |

Assessments needed: